

FIRST CLASS
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PAID
CARRIER CLINIC



P.O. Box 147 • 252 Route 601
Belle Mead, NJ 08502



Caring solutions since 1910.

*Presents its
100th Anniversary Conference
Series Seminar:*

Psychiatric Interventions during Economic Struggles

**2 Contact Hours
Provided for Nurses**

This activity is designed to meet the continuing education needs of psychiatric nurses, social workers (intermediate & advanced) and other mental health professionals.

Wednesday, March 31, 2010

8:30 am – 12:00 pm

Carrier Clinic Amphitheatre

**252 County Route 601
Belle Mead, NJ 08502**

Learning Objectives:

- Describe mood disorders in times of stress.
- Define the components, structure and philosophy of grief.
- Describe the psychiatric treatment interventions appropriate for grief reactions.

Save the Date!

*Upcoming 100th Anniversary
Seminar Series*

May 12th at the Bridgewater Manor
Full-day Conference on

*Evolution & Innovations in Mental
Health Treatment*

July 15th at Carrier Clinic
half-day Seminar on *ECT*

November 5th at Carrier Clinic:
half-day Seminar on
Psychopharmacology

To reserve seating immediately,
fax this form to (908) 281-1679,
or email: hsteel@carrierclinic.com

Program Agenda

- 8:30– 9:00AM Registration & Breakfast**
- 9:00– 9:05AM Welcome & Introduction**
Margo Tarasov, LCSW
Director of Clinical Social Services,
Carrier Clinic
- 9:05-10:15 AM Mood Disorders in Times of Stress**
David Greenspan, MD
Medical Director, Carrier Clinic
- 10:15-10:30AM BREAK**
- 10:30-11:30AM Grief and Loss among Psychiatric Patients during Economic Hardship**
Kristin Carr, MA
Susan Barry, MSW
Carrier Clinic
- 11:30– 12:00 PM Evaluations; Q&A**
Margo Tarasov

Course description:

We will explore the issues of loss that an individual client, regardless of race, religion or ethnic background can experience in the instability of today's economy and common emotional reactions that one experiences when dealing with changes and loss. While society often associates grief with death and dying, grief work also encompasses any significant loss a person may experience, including changes in health, moving, divorce, changes in economic circumstances, and retirement, to name a few. Various therapeutic interventions, including grief counseling, cognitive-behavioral therapy, and psychopharmacologic interventions, will be explored. Mood disorders will also be discussed, in the context of stress and loss, to help distinguish grieving from major depression and to help delineate when intervention should include medication and/or hospitalization as a necessary part of the intervention.

Credit Designation Statement:

Nurses: Carrier Clinic is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's COA.

According to Carrier Clinic policy, Nurses must attend at least 90 percent of this program to earn contact hours.

Social Workers: Please contact Heather Steel at 908-281-1513 or hsteel@carrierclinic.com for information about continuing education credits for social workers.

Americans with Disabilities Act: Carrier Clinic fully complies with the legal requirements of the ADA and the rules and regulations thereof. Please notify us if you have special needs.

Full Disclosure Policy : It is the policy of Carrier Clinic that the faculty and sponsor disclose real or apparent conflict of interest relating to the topics of this educational activity and also disclose discussions of unlabeled / unapproved use of drugs or devices during their presentations (s). There is no commercial support or funding for this activity.

Refunds: This program is non-refundable.

Grievances: If you are not satisfied with this program please address all complaints and grievances to Heather Steel at 908-281-1513, or hsteel@carrierclinic.com.

CARRIER CLINIC

Caring solutions since 1910.

YES, I'd like to attend

**Carrier Clinic's
Psychiatric Interventions
during Economic Struggles Seminar**
on **March 31, 2010**

Carrier Clinic Amphitheatre
252 County Route 601,
Belle Mead NJ 08502

Please mail your registration form and check made payable to Carrier Clinic, PO Box 147, Belle Mead, NJ 08502, attention Heather Steel. For more information, please contact Heather Steel at (908) 281-1513 or hsteel@carrierclinic.com.

**To reserve seating immediately, fax this form
to (908) 281-1679**

The registration fee is \$25.00, which includes continental breakfast and credits. Seating is limited, so please

RSVP by March 19, 2010

Name	
Title	
Degree	
Organization	
Address	
Phone Number	Fax Number
Email	

Please check if you want to be excluded from receiving email notices of future Carrier Clinic Conferences.

Credits applying for (check one):

Nurse Social Worker